



P.O.Box 40009, Austin, TX 78704

ph 512.444.9889 fx 512.444.9928

<http://www.akfkenpo.com>

duffy@akfkenpo.com

2005 Texas Spirit Camp CLASS SCHEDULE

WHITE through GREEN BELTS:

SESSION #1 – SATURDAY, OCT. 8, – 8:00 AM to 1:30 PM

Class #1- Sifu Gary Stier – Chi Gung Internal Energy Exercises

Class #2- Professor Bob White - Sparring

Class #3 –Professor Frank Trejo – Sticky Hands

Class #4 – Professor Pat Salantri- Club and Knife Disarms

BROWN and BLACK BELTS:

SESSION #2 – SATURDAY, OCT. 8 – 1:30 to 6:00 PM

Class #1 – Professor Bob White - Sparring

Class #2 – Professor Frank Trejo – Sticky Hands

Class #3 – Professor Pat Salantri – Club and Knife Disarms

ANNUAL AKF BANQUET – SATURDAY OCT.8 – 8:00 to 10:00 PM

SESSION #4 – SUNDAY, OCT. 9 - 8:00 AM to 1:30 PM

Class #1 – Sifu Gary Stier – Chi Gung Internal Energy Exercises

Class #2 – Professor Bob White - Sparring

Class #3 – Professor Frank Trejo – Technique compounding with Grafting

Class #4 – Professor Pat Salantri – Club and Knife Disarms

Required Equipment: Uniform & belt, cup & mouth guard, sparring gear, Good Attitudes & Spirit.